

Warm Meals

Find a warm meal in your community. Some may require a referral.

The Bernardine Center 610-497-3225
Chester, PA
Monday, Thursday & Friday, 10:00 am - 12:00 noon

CityTeam Ministries 610-872-6865
Chester, PA
Breakfast - Sunday, 7:00 am - 8:15 am
Lunch - Saturday, 11:30 am - 12:15 pm
Dinner - Monday - Sunday, 5:00 pm - 5:45 pm
Fresh Produce & Baked Goods - Monday - Friday, 1:30 pm - 4:00 pm

Community Outreach Project 610-734-5770
(Located at the Life Center of Eastern Delaware Valley)
Upper Darby, PA
Daily, 7:00 pm - 8:00 pm

Salvation Army 610-874-4266
Chester, PA
Lunch - Monday - Friday, 12:00 noon

Salvation Army 610-583-3720
Darby, PA
Lunch - Tuesday - Friday, 12:00 noon - 12:30 pm

Saint Daniel's United Methodist Church 610-876-8152
Chester, PA
Tuesday & Thursday, 11:00 am - 1:00 pm

True Vine Missionary Full Gospel Baptist Church 610-874-3534
Chester, PA
Thursday, 12:00 noon - 1:00 pm
Call to make arrangements.

Home Delivered Meals

Some may qualify for nutritious meals to be delivered to their home.

Assessment of need and referral needed.

Delaware County Office of Services for the Aging 610-490-1300
Eddystone, PA
For homebound seniors over 60 years of age. Call to apply.

Metropolitan Area Neighborhood Nutrition Alliance (MANNA) 1-866-626-6209
Philadelphia, PA
For individuals at acute nutritional risk due to life-threatening illness. Referral required. Call for more information.

Learn more about nutrition, stretching your food dollars and cooking nutritious meals.

Call Penn State Nutrition Links
610-690-2655

Baby Cupboard

Need of some assistance with your new baby? Some community programs may be able to help you with baby foods, diapers, formula or clothing for your baby.

The Bernardine Center 610-497-3225
Chester, PA
Thursday, 1:00 pm - 3:00 pm

Catholic Social Services 610-876-7101
Chester, PA
For parents participating in their parenting classes.

CityTeam Ministries 610-872-6865
Chester, PA
Wednesday, 1:00 pm - 4:00 pm &
Thursday, 10:00 am - 11:30 am

Delaware County MOMobile 610-713-0570
Upper Darby, PA
Call to make arrangements. May assist with connecting to programs that help with baby supplies.

Child Nutrition Programs

Many programs help to improve the health of children by providing nutritious foods and/or nutrition information.

National School Breakfast and Lunch Programs

Contact your child's school food service director.

Nutritional Development Services 1-800-311-2727
Philadelphia, PA
Free and reduced price meals and snacks for children at schools, child care sites, summer programs & shelters.

Women, Infants & Children (WIC) Program

Chester, PA Call Center 610-497-7660
Food vouchers & nutrition education for pregnant women, postpartum women, infants & children up to age five.

PA Farmers' Market Program

Checks for Pennsylvania-grown fruits and vegetables.

Women, Infants & Children (WIC) Program

Chester, PA Call Center 610-497-7660
Contact your local WIC office for eligibility.

Delaware County Office of Services for the Aging (COSA) 610-490-1300

For seniors 60 years of age or older by December 31st of the program year that meet the income eligibility guidelines.



Provided by Delaware County WIC Program 610-497-7660

USDA is an equal opportunity provider and employer.

Pennsylvania WIC is funded by the United States Department of Agriculture.

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Community Food and Nutrition Programs in Delaware County



If you are in need of food, someone is there to help.

Money for Food

Participate in the Supplemental Nutrition Assistance Program (SNAP), formerly called the Food Stamp Program. Visit www.compass.state.pa.us.

PA Department of Public Welfare 1-800-692-7462
Harrisburg, PA

Delaware County Assistance Office 610-447-5500
Chester, PA

Delaware County Assistance Office, District 2 610-461-3800
Darby, PA

Community Action Agency of Delaware County 610-874-8451
Boothwyn, PA

PathWays PA 610-543-5022
Holmes, PA

Help Reducing Grocery Bills

Self-Help & Resource Exchange (S.H.A.R.E.) Food Program 1-800-595-3663
Philadelphia, PA
Monthly food packages, worth approximately \$45, for only \$20 plus 2 hours of community services.

Fare & Square 484-483-2500
9th and Trainer Street, Chester, PA
Free membership to all with extra reward benefits available that can earn you store credit good on future purchases

Fresh Produce

More does matter.

Fresh for All Program 1-800-319-3663
Philabundance puts fresh produce into the hands of those in need at the following locations:

Christ Lutheran Church
7240 Walnut Street
Upper Darby, PA 19082
Friday 10:30 am - 11:30 am

Local Food Resources

Emergency Food

Many churches and community groups offer food to those in need either at a food center, food pantry or cupboard. Some may require a referral.

AIDS Care Group	610-583-1177	God's House of Glory	610-876-7764	St. Mark's United Methodist Church	610-325-0130
Sharon Hill, PA		Chester, PA		Broomall, PA	
By appointment only. Must be HIV positive or AIDS patients. Referral required.		Thursday, 5:00 pm – 6:00 pm		Tuesday, 9:00 am - 11:00 am &	
		Call to make arrangements.		Every 3rd Tuesday, 6:00 pm – 7:30 pm	
				Closed the 5th Tuesday of the month.	
The Bernardine Center	610-497-3225	God's House of Prayer and Repair	610-494-7137	St. Mary's Episcopal Church	610-874-8565
Chester, PA		Chester, PA		Chester, PA	
2nd and 4th Tuesday of the month,		Call to make arrangements.		Thursday, 12:30 pm - 2:00 pm	
4:00 pm - 5:00 pm & Wednesday 9:00 am - 11:00 am				St. Paul's CME Church	610-874-9966
No cupboard the 5th Wednesday of month.		Lansdowne Presbyterian Church	610-622-0800	Chester, PA	
		(For the Southeast Delco School District)		Friday, 10:00 am - 12:00 noon	
		Lansdowne, PA		Fresh fruits and vegetables - Friday, 12:00 noon - 2:00 pm	
		Monday & Wednesday, 4:00 pm - 6:00 pm		Thomas M. Thomas Memorial	610-874-3424
		Call to make arrangements.		Presbyterian Church	
Blessed Virgin Mary Church	610-583-2128	Loaves and Fishes Food Pantry	610-532-9000	Chester, PA	
Darby, PA		Prospect Park, PA		Thursday, 11:30 am - 12:30 pm	
Monday & Thursday, 9:30 am – 11:00 am		Tuesday, 10:30 am - 1:00 pm &		True Vine Missionary Full	610-874-3534
		Thursday, 1:00 pm - 4:00 pm		Gospel Baptist Church	
CSFP/ Senior Box	1-800-319-3663	Mt. Zion CME Church	610-583-1932	Chester, PA	
Monthly food box for eligible seniors.		Sharon Hill, PA		Tuesday & Thursday, 11:00 am - 1:00 pm	
Call for information.		Saturday, 10:00 am - 12:00 noon		Upland Baptist Church	610-874-7474
		Neighbor to Neighbor CDC	610-461-8140	Upland, PA	
Chester East Side Ministries	610-872-4812	(Partnered with First African Baptist Church)		Wednesday, 9:00 am - 10:00 am	
St. Paul's Episcopal Church		Sharon Hill, PA		Upper Darby Food Center	610-853-2481
Chester, PA		Thursday, 6:00 pm - 8:00 pm		(Located in the Bethel Baptist Church)	
Monday & Wednesday, 10:00 am – 12:45 pm		New Jerusalem Food Center	610-818-5203	Upper Darby, PA	
		Chester, PA		Monday, Tuesday, Thursday & Friday,	
Christ Tabernacle Church	610-328-2330	2 nd & 4 th Tuesday of the month,		10:00 am - 12:15 pm	
Morton, PA		10:00 am - 11:00 am			
2nd & 4th Saturday of the month,		Salvation Army	610-874-4266		
10:00 am - 12:00 noon		Chester, PA			
Church of the Nazarene	610-583-7845	2 nd & 4 th Wednesday, 1:00 pm - 3:00 pm			
Collingdale, PA		Salvation Army	610-583-3720		
Thursday, 6:30 pm - 8:00 pm		Darby, PA			
CityTeam Ministries	610-872-6865	By appointment only.			
Chester, PA		St. Katharine Drexel	484-490-5079		
Monday, Wednesday & Friday, 1:30 pm - 4:00 pm		Chester, PA			
First United Methodist Church	610-566-3172	Tuesday & Thursday, 12:00 pm - 2:00 pm			
Media, PA					
Thursday, 7:00 pm - 8:00 pm & the 2 nd & 4 th					
Saturday of the month, 10:00 am - 11:00 am					

**Do you need help finding food?
Call the Food Help Line**

1 - 800 - 319 - Food (3663)

A Philabundance Program